



1114 Charlevoix Ave. Petoskey, MI 49770
231-439-9700

**Patient Instructions for
Laser Vein Ablation and/or Ambulatory Phlebectomy**

Before the procedure day:

1. **No blood thinners/anticoagulants (this includes Aspirin, Coumadin, Heparin, Plavix, etc)** for 5-7 days prior to the procedure.
2. **Fill the prescription for your compression stockings** before coming for the procedure. Remember, the supplier may have to order the stockings, so leave enough time. *****PLEASE REMEMBER TO BRING YOU STOCKING WITH YOU TO EVERY APPOINTMENT AT OUR OFFICE*****
3. **Obtain the prescriptions for Xanax and Ibuprofen** before the procedure.
4. **Shave the leg** from the groin to the ankle, front and back, the night before the procedure and wash with **Dial soap**.
5. **BRING A DRIVER WITH YOU TO YOUR PROCEDURE APPOINTMENT.** If you do not have a driver we will be unable to do your procedure and will have to reschedule.
6. Inform our staff if you have **any medical allergies or any new medical conditions**.

On the procedure day:

1. **BRING your stockings.**
2. Take your **Ibuprofen** in the morning.
3. You may eat a **light breakfast**, if your case is done in the morning, a full breakfast if you are scheduled for afternoon. Lunch should be light if you are an afternoon patient.
4. Take a **Xanax** when you arrive at the office.
5. **BRING A DRIVER. NO patient is allowed to drive themselves home.** If you do not have a driver we will be unable to proceed with your appointment and will need to reschedule.

***Again it is important to bring your stockings with you to **EVERY** appointment you will have at our office, even if you are just here for a follow-up. This will insure that we are able to complete any treatment that you may require. ***